

CPT Coding

RJL Systems receives frequent questions about CPT code selection for submitting reimbursement claims to insurance companies.

Unfortunately, as of June, 2009, there do not exist any CPT codes specific to Body Composition Analysis using BIA. This means that you will have to bill under a code that describes a more general type of service or procedure.

After reviewing the 2009 CPT, we have compiled a list of codes that either we know have been used in the past to bill for BIA Body Composition Analysis or that we think may result in a successful reimbursement claim.

In some cases, multiple codes can be billed for a single visit. (e.g.: “New Patient Evaluation” and “Preventive Medicine Counseling”) In other cases the CPT Manual will list codes that **must not** be used in conjunction with with a given code. We highly recommend that you review the manual of CPT codes and discuss what codes would be most appropriate for you with your insurance biller and/or a representative of the insurance company.

RJL Systems is a medical device manufacturer and not a clinic or hospital. As such, we do not interact with insurance companies. We cannot walk you through the claims process, nor do we have information on what any given insurer will or will not pay for, and in what amount.

We would like to provide the best possible resources for our customers, but we need **your help**. If you have a moment, please share with us your experience with insurance billing. Let us know which codes tend to work well for you and which codes tend to result in denied claims. Please feel free to call, fax, or e-mail any information you think would be useful. As always, we appreciate any feedback you can provide!

Sincerely,
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Impedance Plethysmography, Total Body

NOT RECOMMENDED

under:

- Medicine Services and Procedures
 - Cardiovascular Procedures
 - Non-Invasive Physiologic Studies and Procedures

CODE	Title
93720	Plethysmography, Total Body; With Interpretation And Report
93721	Plethysmography, Total Body; Tracing Only, without interpretation and report
93722	Plethysmography, Total Body; interpretation and report only.

Impedance Plethysmography is defined as measuring the electrical characteristics (either only impedance or both resistance and reactance) of all or part of a body, in real-time, to monitor changes. The first published papers on impedance plethysmography discussed its application in monitoring fluid shifts and cardiac performance in the body, and it is this use of impedance plethysmography that these codes are associated with.

Eventually, researchers realized that an impedance plethysmograph could tell them more about a body than just watching fluids and air volumes move by looking at the changes from the baseline values. They realized that the baseline resistance and reactance values could be related to body composition, and have been doing so since at least 1985.¹

Body Composition Assessment through BIA (Bio-Impedance Analysis) takes the output of an impedance plethysmograph (your RJL analyzer) and uses formulas to evaluate the person's body composition (eg: fat, fat-free mass, total body water, etc) using a series of formulas. Historically, RJL Systems has recommended these codes because the technology used is the same.

Recently, RJL Systems has been getting reports that more and more insurance companies are denying claims submitted using these codes. In some cases, insurers are demanding to be repaid for claims they paid using these claims. **Using the Impedance Plethysmography codes is no longer recommended.**

¹[Assessment of fat-free mass using bioelectrical impedance measurements of the human body.](#)

Lukaski HC, Johnson PE, Bolonchuk WW, Lykken GI.

Am J Clin Nutr. 1985 Apr;41(4):810-7.

Office Or Other Outpatient Visit For The Evaluation And Management Of A New Patient

99201 – Office Or Other Outpatient Visit For The Evaluation And Management Of A New Patient, Which Requires These 3 Key Components:

1. A Problem Focused History;
2. A Problem Focused Examination;
3. Straightforward Medical Decision Making.

Counseling And/Or Coordination Of Care With Other Providers Or Agencies Are Provided Consistent With The Nature Of The Problem(S) And The Patient's And/Or Family's Needs. Usually, The Presenting Problem(S) Are Self Limited Or Minor. Physicians Typically Spend 10 Minutes Face-To-Face With The Patient And/Or Family.

99202 – Office Or Other Outpatient Visit For The Evaluation And Management Of A New Patient, Which Requires These 3 Key Components:

1. An Expanded Problem Focused History;
2. An Expanded Problem Focused Examination;
3. Straightforward Medical Decision Making.

Counseling And/Or Coordination Of Care With Other Providers Or Agencies Are Provided Consistent With The Nature Of The Problem(S) And The Patient's And/Or Family's Needs. Usually, The Presenting Problem(S) Are Of Low To Moderate Severity. Physicians Typically Spend 20 Minutes Face-To-Face With The Patient And/Or Family.

99203 – Office Or Other Outpatient Visit For The Evaluation And Management Of A New Patient, Which Requires These 3 Key Components:

1. A Detailed History;
2. A Detailed Examination;
3. Medical Decision Making Of Low Complexity.

Counseling And/Or Coordination Of Care With Other Providers Or Agencies Are Provided Consistent With The Nature Of The Problem(S) And The Patient's And/Or Family's Needs. Usually, The Presenting Problem(S) Are Of Moderate Severity. Physicians Typically Spend 30 Minutes Face-To-Face With The Patient And/Or Family.

99204 – Office Or Other Outpatient Visit For The Evaluation And Management Of A New Patient, Which Requires These 3 Key Components:

1. A Comprehensive History;
2. A Comprehensive Examination;
3. Medical Decision Making Of Moderate Complexity.

Counseling And/Or Coordination Of Care With Other Providers Or Agencies Are Provided Consistent With The Nature Of The Problem(S) And The Patient's And/Or Family's Needs. Usually, The Presenting Problem(S) Are Of Moderate To High Severity. Physicians Typically Spend 45 Minutes Face-To-Face With The Patient And/Or Family.

99205 – Office Or Other Outpatient Visit For The Evaluation And Management Of A New Patient, Which Requires These 3 Key Components:

1. A Comprehensive History;
2. A Comprehensive Examination;
3. Medical Decision Making Of High Complexity.

Counseling And/Or Coordination Of Care With Other Providers Or Agencies Are Provided Consistent With The Nature Of The Problem(S) And The Patient's And/Or Family's Needs. Usually, The Presenting Problem(S) Are Of Moderate To High Severity. Physicians Typically Spend 60 Minutes Face-To-Face With The Patient And/Or Family.

Office Or Other Outpatient Visit For The Evaluation And Management Of An Established Patient

99211 – Office Or Other Outpatient Visit For The Evaluation And Management Of An Established Patient, That May Not Require The Presence Of A Physician.

Usually, The Presenting Problem(S) Are Minimal. Typically, 5 Minutes Are Spent Performing Or Supervising These Services.

99212 – Office Or Other Outpatient Visit For The Evaluation And Management Of An Established Patient, Which Requires At Least 2 Of These 3 Key Components:

1. A Problem Focused History;
2. A Problem Focused Examination;
3. Straightforward Medical Decision Making.

Counseling And/Or Coordination Of Care With Other Providers Or Agencies Are Provided Consistent With The Nature Of The Problem(S) And The Patient's And/Or Family's Needs. Usually, The Presenting Problem(S) Are Self Limited Or Minor. Physicians Typically Spend 10 Minutes Face-To-Face With The Patient And/Or Family.

99213 – Office Or Other Outpatient Visit For The Evaluation And Management Of An Established Patient, Which Requires At Least 2 Of These 3 Key Components:

1. An Expanded Problem Focused History;
2. An Expanded Problem Focused Examination;
3. Medical Decision Making Of Low Complexity.

Counseling And/Or Coordination Of Care With Other Providers Or Agencies Are Provided Consistent With The Nature Of The Problem(S) And The Patient's And/Or Family's Needs. Usually, The Presenting Problem(S) Are Of Low To Moderate Severity. Physicians Typically Spend 15 Minutes Face-To-Face With The Patient And/Or Family.

99214 – Office Or Other Outpatient Visit For The Evaluation And Management Of An Established Patient, Which Requires At Least 2 Of These 3 Key Components:

1. A Detailed History;
2. A Detailed Examination;
3. Medical Decision Making Of Moderate Complexity.

Counseling And/Or Coordination Of Care With Other Providers Or Agencies Are Provided Consistent With The Nature Of The Problem(S) And The Patient's And/Or Family's Needs. Usually, The Presenting Problem(S) Are Of Moderate To High Severity. Physicians Typically Spend 25 Minutes Face-To-Face With The Patient And/Or Family.

99215 – Office Or Other Outpatient Visit For The Evaluation And Management Of An Established Patient, Which Requires At Least 2 Of These 3 Key Components:

1. A Comprehensive History;
2. A Comprehensive Examination;
3. Medical Decision Making Of High Complexity.

Counseling And/Or Coordination Of Care With Other Providers Or Agencies Are Provided Consistent With The Nature Of The Problem(S) And The Patient's And/Or Family's Needs. Usually, The Presenting Problem(S) Are Of Moderate To High Severity. Physicians Typically Spend 40 Minutes Face-To-Face With The Patient And/Or Family.

Health And Behavior Assessment

(Eg, Health-Focused Clinical Interview, Behavioral Observations, Psychophysiological Monitoring, Health-Oriented Questionnaires)

under:

- Medicine Services and Procedures
 - Health And Behavior Assessment/Intervention Procedures

**96150 – Health And Behavior Assessment –
Each 15 Minutes Face-To-Face With The Patient; Initial Assessment**

**96151 – Health And Behavior Assessment –
Each 15 Minutes Face-To-Face With The Patient; Reassessment**

Preventive Medicine Counseling

**99401 – Preventive Medicine Counseling And/Or Risk Factor Reduction
Intervention(S) Provided To An Individual (Separate Procedure);
Approximately 15 Minutes**

**99402 – Preventive Medicine Counseling And/Or Risk Factor Reduction
Intervention(S) Provided To An Individual (Separate Procedure);
Approximately 30 Minutes**

**99403 – Preventive Medicine Counseling And/Or Risk Factor Reduction
Intervention(S) Provided To An Individual (Separate Procedure);
Approximately 45 Minutes**

**99404 – Preventive Medicine Counseling And/Or Risk Factor Reduction
Intervention(S) Provided To An Individual (Separate Procedure);
Approximately 60 Minutes**

Other Preventive Medicine Services

99420 – Administration And Interpretation Of Health Risk Assessment Instrument (Eg, Health Hazard Appraisal)

99429 – Unlisted Preventive Medicine Service

99499 – Unlisted Evaluation And Management Service

Other Codes

99070 – Supplies and Materials

99071 – Educational Material

89399 – Lab & Pathology

99090 – Analysis of Information Stored in Computers

99091 – Collection And Interpretation Of Physiologic Data (Eg, ECG, Blood Pressure, Glucose Monitoring) Digitally Stored And/Or Transmitted By The Patient And/Or Caregiver To The Physician Or Other Qualified Health Care Professional, Requiring A Minimum Of 30 Minutes Of Time